

INDIGENOUS HEALING CIRCLES

**Providing Culturally Appropriate Healing
to Address Trauma**

FACILITATED BY

Metro Vancouver Indigenous Services Society

100-2732 East Hastings St., Vancouver, BC V5K 1Z9

Phone: 604-255-2394 extension 110

Email: intake@mviss.ca

Office Hours: 830 am – 430 pm



REGISTRATION

Programs are free of cost & light refreshments provided

Circles are limited to 15 participants

To sign up call or walk in to book your intake appointment

GRIEF & LOSS

June 10 –13, 2019

4 day program

Healing from the loss of a loved one

LATERAL VIOLENCE

June 18 –19, 2019

2 day workshop

Healing and the workplace

MEN'S WELLNESS

May 9-10, 2019

2 day workshop

**Sharing tools and cultural teachings to
grow in respect for self and others**

HONORING OUR SPIRIT

2 Week Program

Week 1: May 21-24; Week 2: May 28-31

**From trauma to wellness: Healing from
shame & abandonment**

RECOVERY DROP IN

**Talking circle, songs/cultural teachings,
refreshments & coffee, socialize**

All ages welcome every Friday 2 –4pm



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IndigenousServicesSociety](http://www.facebook.comMetroVancouverIndigenousServicesSociety)**